



Starters

Soup of the Day served with a selection of bread		€4.95
Classic Caesar Salad Baby gem, Croutons, Egg, Smoked Bacon, Our Fresh Dressing and Parmesan Cheese	(D, F, G, E)	€7.00
Glazed Arsalagh Goats Cheese on sour dough bread with a Rocket, Carrot & Scallion salad, a Pear and Walnut dressing.	(D, G, N)	€6.50
West Cork Seafood Chowder Served with our own brown Soda Bread	(D, F, SF,)	€7.00
Spring Roll Vegetable Spring Roll on a Noodle salad with a Soya, Lime & Chilli sauce	(G, E, S)	€6.50
Crab Cakes Matt O'Connell Crab with a Salad garnish and Thousand Island dressing	(Sf, M, F, G, E)	€8.50
Duck Salad Dressed Duck with Water cress, spring onion, moulli, orange, coriander and toasted sesame	(F, S, G, N)	€8.50



Main Course

Penne Arrabbiata	<i>(D, G, E)</i>	€12.50
Roast Vegetables, spicy tomato sauce, penne Pasta and olives with basil and Parmesan Cheese		
Cod	<i>(F, G, E)</i>	€17.50
Baked Cod with green beans, baby carrots on crushed baby potatoes sauce vierge.		
Supreme of Chicken	<i>(D, E)</i>	€18.50
Roast supreme of chicken with roast red pepper, baby spinach, on a Lovage potato cake with white wine sauce.		
Lamb Shank	<i>(D, E)</i>	€19.50
Garlic Mashed Potato, Roast Root Vegetables and Natural Jus		
Sirloin Steak	<i>(D, G, E)</i>	€22.00
Char Grilled 10oz Sirloin of Irish Beef, Field Mushroom, Red Onion Confit, Roast Cherry Tomato, Hand Cut Chunky Chips, Whiskey Pepper Sauce		
Pork fillet	<i>(D, M, E)</i>	€19.50
Stuffed with Shallots, Green Beans Wrapped in Smoked Bacon, Potato and Parsnip Rosti with Cider Cream Sauce		



Desserts

Chocolate Brownie with Vanilla bean ice cream	<i>(D, G, E)</i>	€6.25
Baileys Crème Caramel with Coconut Shortbread	<i>(D, G, E)</i>	€6.25
Trio of Ice Cream on a Chocolate Chip Cookie	<i>(D, G,)</i>	€6.25
Raspberry Cheese Cake crunchy biscuit base	<i>(D, G, E)</i>	€6.25
Strawberry and Rhubarb Crumble, Vanilla bean ice cream & ginger Anglaise	<i>(D, G, E)</i>	€6.25
Cheese Board Selection of Cork Farm House cheese with crostini, crackers and homemade apple chutney	<i>(D, G,)</i>	€7.50

Hot Beverages

Irish Coffee	€6.50
Jamaican Coffee	€6.50
Calypso Coffee	€6.50
Russian Coffee	€6.50
French Coffee	€6.50
Baileys Coffee	€6.50



Side Dishes

Hand Cut Chunky Chips	(G,)	€3.00
Champ Potatoes	(D,)	€3.00
French Fries	(G,)	€3.00
Sauté Mushrooms and Onions	(D,)	€3.00
Green Beans, Raisin and Almond Butter	(D,)	€3.00
Side Salad with Balsamic Dressing	(M,)	€3.00

Allergies Index

Please see our list of Possible Allergies in Preparation with all our Dishes.
If you have other dietary requirements please ask a member of our team

WG	WHEAT GLUTEN	C	CELERY
N	NUTS	S	SESAME SEEDS
CR	CRUSTACEANS	P	PEANUT
L	LUPIN	F	FISH
E	EGG	G	GLUTEN
M	MUSTARD	D	DAIRY
L	LACTOSE	SF	SHELL FISH
S	SOY	MO	MOLLUSC
SD	SULPHUR DIOXIDE	VO	VEGETABLE OIL

All Meat & Poultry are 100 % Irish & Fully Traceable



THE BLARNEY

HOTEL GOLF LEISURE

CHILDRENS MENU

STARTER

Vegetable soup
€3.00

Fresh fruit Kebabs
Yogurt dressing (*D*,)
€3.00

Garlic bread
€3.00 (*D*,)

Mashed potatoes and vegetables
€3.00 (*D*,)

Main Course

Slice of Pizza
(Margarita or ham), hand cut chips and salad
€6.50 (*D*,)

Mini Fish & Chips
Breaded Goujons of Cod, peas, mayo & hand cut chips
€6.50 (*£ G, D*,)

Grilled Chicken
Steamed vegetables, mashed potatoes & gravy
€6.50 (*D*,)

Chicken Goujons
With fries and salad
€6.50 (*G*,)

Pasta with Irish meat balls
Cooked in our tomato sauce
€6.50 (*G*,)

100% Irish Beef and cheddar cheese burger
Hand cut chips and salad
€6.50 (*G, D*,)

Desserts

Chocolate brownie
With vanilla ice cream and chocolate sauce
€3.00 (*G, D*,)

Fresh fruit Sundae
Strawberry coulis
€3.00 (*D*,)

Duo of ice cream on chocolate chip cookie
Chocolate sauce
€3.00 (*G, D*,)

Jelly and ice cream
€3.00 (*D*,)