



BLARNEY

GOLF RESORT

Lions Den Menu

Available Saturday & Sunday from 12.30 pm to 18.00 pm

Starters

Seasonal Soup of the Day (V, D) €4.95
Crisp Bread Roll

Atlantic Seafood Chowder (Cru, Mo, D, F, G) €5.95
Herb Pesto & Homemade Irish Soda Bread

Warm Chicken & Bacon Salad (D, M.V.O) €6.25
Mixed Salad Leaves, Cucumber, Tomato, Bacon Lardons
Honey Mustard Dressing

Glazed Arsalagh Goats Cheese €6.50
On sour dough with a rocket, carrot & scallion salad
A pear and walnut dressing.

Caesar Salad (D, G, F, E) €6.75
Crispy Bacon, Cos Lettuce leaves,
Garlic Croutons & Caesar Dressing



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Sandwiches

Toasted Special (D, G)	€7.95
Honey Roast Ham, Tomato, Red Onion & Cheese Side Salad & French Fries	
Southern Fried Chicken Wrap (M, E, D, G)	€9.25
Lettuce, Cucumber, Tomato & Chilli Mayonnaise Side Salad & French Fries	
Duo of Smoked Salmon and Prawn	€9.00
Dill crème fraiche and thousand island dressing on our own Brown soda bread	
Selection of Freshly Made Sandwiches (G, D, E)	€5.95
Choose from White or Brown Bread, Choose from Ham, Chicken, Tuna, Egg Salad or Cheese	



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Main Course

Tower Burger	€14.50
8oz of Cork beef, Smoked bacon, slow roast onion, Durrus cheese, avocado mayo Tomato, lettuce and pickle on a traditional Blaa, red slaw, tomato relish & hand cut chunky chips	
Thai Red Chicken Curry (G, D)	€14.95
Chunks of Tender Chicken, Basmati Rice	
Thai Red Vegetable Curry (V)	€11.50
Mixed Vegetables, Basmati Rice	
Pan Seared Fillet of Salmon (F, D)	€12.95
Lemon Mashed Potato, Spicy Green Beans & Tomato Salsa	
Fish and Chips	€14.00
Cod in beer Batter, crème fraiche tartar sauce, peas in mint butter, lemon & Chunky chips.	
Cajun Chicken Burger	€14.00
Char grilled marinated Chicken, Avocado Mayo, romaine Lettuce & Tomato in a traditional Blaa, Red Slaw, and Tomato Relish & Hand cut Chunky Chips (G, D)	
Selection of Pizzas from	€9.95
Please ask your server for details	



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Desserts

Fresh Fruit Scone (D, E, G) Country Butter & Preserves	€2.95
Homemade Chocolate Brownie (D, G) Served with Fresh Cream	€6.25
Selection of Ice-Cream (D) Served with Coulis & Fresh Cream	€6.25
Apple Pie (G, D) Crème Anglaise & Vanilla Ice-Cream	€6.25

Hot Beverages

Americano	€2.50	Breakfast Tea	€2.50
Latte	€3.00	Herbal Teas	€2.70
Cappuccino	€3.00	Green, Mint & Camomile	
Espresso	€2.50	Fruit Tea	€2.70
Mochacino	€3.00	Red Berry Infusion, Rooibos	
		White Tea with Cranberry	
Hot Chocolate	€3.50	Decaffeinated Tea	€ 2.70



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Side Dishes

Fresh Side Salad (M)	€3.50
French Fries (VO)	€3.00
Vegetables & Potato (D)	€3.50
Hand Cut Chunky Chips with Citrus salt	€3.00

Allergies Index

Please see our list of Possible Allergies in Preparation with all our Dishes.
If you have other dietary requirements please ask a member of our team

C	CELERY	F	FISH
S	SESAME	G	GLUTEN
P	PEANUT	D	MILK
LU	LUPIN	SF	SHELL FISH
E	EGG	MO	MOLLUSC
M	MUSTARD	SD	SULPHUR DIOXIDE
S	SOY & SOYBEAN	N	NUTS

All Meat & Poultry are 100 % Irish & Fully Traceable



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Lions Den Kids Menu

3 Course €9.95

Main Course Only €6.50

Starters

Kid's Soup of the Day (D, G)
Crisp Bread Roll

Fantail of Melon
Fruit Coulis

Main Course

Homemade Southern Fried Chicken Goujons (G, D)
Served with Mashed Potato

5oz Grilled Cheese Burger (D)
Sesame Seed Bap & French Fries

Half Portion of the Roast of the Day (D, G)
Market Vegetables & Roast Gravy

Desserts

Strawberry Jelly & Ice – Cream (E, N)

Chocolate Brownie (G, N, D)
Chocolate Sauce & Vanilla Ice Cream

Ice Cream Sundae (E, N)



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House Wine Selection

	Bottle	Glass
White Wines		
Casa Silva Collection Sauvignon Blanc Chile 2014	€22.95	€5.75
Appealing aromas of fresh apricot and mango, subtle honey backbone on the palate.		
Berri Estates Unoaked Chardonnay Australia 2013	€22.95	€5.75
A fresh lemony Chardonnay with crisp, ripe acidity and good weight.		
Corte Vigna Pinot Grigio Italy 2013	€22.95	€5.75
A light, dry, floral style wine with racy balanced fruit.		
Red Wines		
Casa Silva Collection Cabernet Sauvignon Chile 2013	€22.95	€5.75
Pronounced dark berry flavours, the fresh acidity balanced with light tannins.		
Berri Estates Shiraz Australia 2013	€22.95	€5.75
A spicy, fruity Shiraz with dark berry fruit flavours and juicy, soft tannins mingled With a light touch of oak on the finish.		
La Campagne Merlot France 2013	€22.95	€5.75
Rich and juicy with lots of plummy fruit and soft rounded tannins.		
Boschendal Rosé South Africa 2013	€26.00	€6.25
This wine offers diverse and complex flavours, from red berries to floral hints that tingle, Titillate and warm any wine lovers heart.		



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Welcome to the Lions Den

Menu Being Served
Saturday & Sunday

12.30pm to 18.00pm

Please note serving time depends on
weather conditions



John Daly